



2. Creuzburger Stadtlauf
Creuzburg / 29.06.2013

Detailed evaluation

Heller, Detlev

Club: Schweina
Number: 409

Course: 5.00 km
Kurzdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 29:57

Speed: 10.02 km/h
Running performance: 5:59 min/km

Rank in course/Total: 46 (of 62)

Rank in course/Men: 37 (of 40)

Best time in course: 19:37

Rank in category: 2(of 2)

Best time in the category: 25:15