



2. Creuzburger Stadtlauf Creuzburg / 29.06.2013

Detailed evaluation

Helbig, Hans-Peter

Club: Stedtfelder Rennsteigfreunde
Number: 442

Course: 5.00 km
Kurzdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 30:29

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 50 (of 62)

Rank in course/Men: 38 (of 40)

Best time in course: 19:37

Rank in category: 2(of 3)

Best time in the category: 28:23