



2. Creuzburger Stadtlauf
Creuzburg / 29.06.2013

Detailed evaluation

Herold, Nancy

Club: Bielefeld

Number: 430

Course: 5.00 km

Kurzdistanz

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 36:14

Speed: 8.28 km/h

Running performance: 7:15 min/km

Rank in course/Total: 57 (of 62)

Rank in course/Women: 18 (of 22)

Best time in course: 21:57

Rank in category: 1(of 1)

Best time in the category: 36:14