



2. Creuzburger Stadtlauf Creuzburg / 29.06.2013

Detailed evaluation

Steinhardt, Ingo

Club: SV Blau Weiß 90 Creuzburg
Number: 110

Course: 13.50 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:22

Speed: 14.09 km/h
Running performance: 4:06 min/km

Rank in course/Total: 2 (of 82)

Rank in course/Men: 2 (of 64)

Best time in course: 48:15

Rank in category: 1(of 14)

Best time in the category: 55:22