



2. Creuzburger Stadtlauf

Creuzburg / 29.06.2013

Detailed evaluation

Siemon, Thomas

Club: SV Blau Weiß 90 Creuzburg

Number: 17

Course: 13.50 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 56:43

Speed: 13.75 km/h

Running performance: 4:12 min/km

Rank in course/Total: 4 (of 82)

Rank in course/Men: 4 (of 64)

Best time in course: 48:15

Rank in category: 1(of 13)

Best time in the category: 56:43