



10. SKS Birstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

Detailed evaluation

Vrengoenhil, Stefan

Club: Naalowijk
Number: 1034

Course: 126.60 km
Marathonstrecke lang

Category:
Herren

Total time: 5:13:27

Speed: 24.12 km/h

Rank in course/Total: 5 (of 49)

Rank in course/Men: 5 (of 47)

Best time in course: 4:56:11

Rank in category: 4(of 18)

Best time in the category: 4:56:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Vielarmiger Weg	20.20	50:23	23.82	5	1:36	7	1:37	20.20	50:23	23.82	12		25	
Roßbach	4.80	11:42	20.51	1	-	2	0:04	25.00	1:02:05	24.16	12		35	
Bilsteinturm	8.20	25:02	19.17	5	2:29	8	2:29	33.20	1:27:07	22.73	12		35	
Runde	9.00	12:23	43.61	1	-	1	-	42.20	1:39:30	25.33	12		25	
Vielarmiger Weg	20.20	52:12	22.99	3	2:36	4	2:36	62.40	2:31:42	24.52	5		31	
Roßbach	4.80	12:04	19.89	2	0:11	3	0:12	67.20	2:43:46	24.55	5		31	
Bilsteinturm	8.20	26:29	18.12	5	2:51	9	2:51	75.40	3:10:15	23.65	5		29	
Runde	9.00	12:47	42.24	3	0:24	8	6:38	84.40	3:23:02	24.82	5		31	
Vielarmiger Weg	20.20	57:56	20.71	5	5:12	10	5:12	104.60	4:20:58	23.91	4	14:34	25	
Roßbach	4.80	12:33	19.12	2	0:16	3	0:16	109.40	4:33:31	23.91	4	14:50	25	
Bilsteinturm	8.20	27:37	17.38	3	2:20	6	2:20	117.60	5:01:08	23.31	4	17:10	25	
Finish	9.00	12:19	43.84	2	0:05	3	0:06	126.60	5:13:27	24.12	4	17:15	5	17:16