



# 10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

## Detailed evaluation

**Seinsch, Uwe**

Club: Velo Solingen  
Number: 1032

Course: 126.60 km  
Marathonstrecke lang

Category:  
Masters 3

Total time: 7:39:14

Speed: 16.46 km/h

Rank in course/Total: 38 (of 49)

Rank in course/Men: 37 (of 47)

Best time in course: 4:56:11

Rank in category: 6(of 6)

Best time in the category: 7:11:09

| Intermediate times |          |            |            | Stage score |             |         |            | Total ranking |            |            |          |             |         |            |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split km/h | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Vielarmiger Weg    | 20.20    | 1:13:47    | 16.26      | 6           | 5:41        | 43      | 25:01      | 20.20         | 1:13:47    | 16.26      | 6        | 4:04        | 24      | 10:31      |
| Roßbach            | 4.80     | 16:39      | 14.41      | 5           | 1:45        | 42      | 5:01       | 25.00         | 1:30:26    | 16.59      | 6        | 5:49        | 23      | 12:07      |
| Bilsteinturm       | 8.20     | 35:19      | 13.59      | 5           | 3:20        | 40      | 12:46      | 33.20         | 2:05:45    | 15.75      | 6        | 7:16        | 23      | 15:36      |
| Runde              | 9.00     | 16:03      | 33.64      | 5           | 1:14        | 39      | 3:40       | 42.20         | 2:21:48    | 17.77      | 6        | 8:30        | 24      | 19:13      |
| Vielarmiger Weg    | 20.20    | 1:17:17    | 15.53      | 3           | 3:47        | 36      | 27:41      | 62.40         | 3:39:05    | 16.98      | 6        | 10:15       | 22      | 25:23      |
| Roßbach            | 4.80     | 17:16      | 13.90      | 5           | 2:06        | 38      | 5:24       | 67.20         | 3:56:21    | 17.01      | 6        | 12:21       | 22      | 27:38      |
| Bilsteinturm       | 8.20     | 40:20      | 11.90      | 6           | 3:20        | 38      | 16:42      | 75.40         | 4:36:41    | 16.26      | 6        | 15:16       | 21      | 27:46      |
| Runde              | 9.00     | 17:22      | 31.09      | 5           | 1:38        | 38      | 11:13      | 84.40         | 4:54:03    | 17.14      | 6        | 15:57       | 22      | 35:38      |
| Vielarmiger Weg    | 20.20    | 1:28:27    | 13.57      | 6           | 9:30        | 38      | 35:43      | 104.60        | 6:22:30    | 16.31      | 6        | 24:06       | 19      | 37:12      |
| Roßbach            | 4.80     | 18:02      | 13.31      | 5           | 1:48        | 37      | 5:45       | 109.40        | 6:40:32    | 16.33      | 6        | 25:54       | 19      | 38:43      |
| Bilsteinturm       | 8.20     | 42:37      | 11.26      | 5           | 1:42        | 37      | 17:20      | 117.60        | 7:23:09    | 15.84      | 6        | 27:36       | 19      | 44:38      |
| Finish             | 9.00     | 16:05      | 33.58      | 3           | 0:45        | 31      | 3:52       | 126.60        | 7:39:14    | 16.46      | 6        | 28:05       | 37      | 2:43:03    |