



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Luhmann, Mechthild

Club: Post SV Unna

Number: 11149

Course: 11.00 km

11 km Nordic Walking

Total time: 1:20:34

Speed: 8.19 km/h

metres in height up: 243

Course score: 14.65

performance score: 115 Points