



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

**Bastert, Brigitte**

Club: LSF-Unna-2000

Number: 11113

Course: 11.00 km

11 km Nordic Walking

Total time: 1:23:49

Speed: 7.87 km/h

metres in height up: 243

Course score: 14.65

performance score: 110 Points