



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Bruns, Heike

Club: TV Beckum Wersewalker

Number: 11133

Course: 11.00 km

11 km Nordic Walking

Total time: 1:25:57

Speed: 7.68 km/h

metres in height up: 243

Course score: 14.65

performance score: 107 Points