



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Zickau, Manfred

Club: Walking-Treff Möhnesee e. V.

Number: 21009

Course: 11.00 km

11 km Nordic Walking

Total time: 1:27:12

Speed: 7.57 km/h

metres in height up: 243

Course score: 14.65

performance score: 106 Points