



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

Lander, Petra

Club: Jammern Nützt Nichts

Number: 11156

Course: 11.00 km

11 km Nordic Walking

Total time: 1:31:56

Speed: 7.18 km/h

metres in height up: 243

Course score: 14.65

performance score: 100 Points