



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

**Frohwerk, Rosi**

Club: Sendener Walking-Mäuse

Number: 11146

Course: 11.00 km

11 km Nordic Walking

Total time: 1:39:12

Speed: 6.65 km/h

metres in height up: 243

Course score: 14.65

performance score: 93 Points