



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

**Pawellski, Sigrid**

Club: Jammern Nützt Nichts

Number: 11158

Course: 11.00 km

11 km Nordic Walking

Total time: 1:43:23

Speed: 6.38 km/h

metres in height up: 243

Course score: 14.65

performance score: 89 Points