



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Kose, Rüdiger

Club: Skiclub Schwerte

Number: 21118

Course: 21.00 km

21 km Nordic Walking

Total time: 2:37:38

Speed: 7.99 km/h

metres in height up: 486

Course score: 28.29

performance score: 216 Points