



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

**Kochskämper, Siegfried**

Club: TV Beckum Wersewalker

Number: 21121

Course: 21.00 km

21 km Nordic Walking

Total time: 2:38:57

Speed: 7.93 km/h

metres in height up: 486

Course score: 28.29

performance score: 215 Points