



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

**Rendchen, Lothar**

Club: AS Neukirchen-Vluyn

Number: 21117

Course: 21.00 km

21 km Nordic Walking

Total time: 2:41:10

Speed: 7.82 km/h

metres in height up: 486

Course score: 28.29

performance score: 212 Points