



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Lappe, Rolf

Club: AS Neukirchen-Vluyn

Number: 21105

Course: 21.00 km

21 km Nordic Walking

Total time: 2:50:36

Speed: 7.39 km/h

metres in height up: 486

Course score: 28.29

performance score: 200 Points