



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

**Greiß Schmitz, Birgit**

Club: Walking-Treff Möhnesee e. V.

Number: 21115

Course: 21.00 km

21 km Nordic Walking

Total time: 2:54:10

Speed: 7.23 km/h

metres in height up: 486

Course score: 28.29

performance score: 196 Points