



### 3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

#### Detailed evaluation

Gördes, Torsten

Club: BSG DSW21/DEW21

Number: 11129

Course: 11.00 km

11 km Nordic Walking

Total time: 1:12:18

Speed: 9.13 km/h

metres in height up: 243

Course score: 14.65

performance score: 128 Points