



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Vierhans, Udo

Club: Team 4haus

Number: 11152

Course: 11.00 km

11 km Nordic Walking

Total time: 1:14:39

Speed: 8.84 km/h

metres in height up: 243

Course score: 14.65

performance score: 124 Points