



3. DJK Walking-Day Lünen-Brambauer

Lünen-Brambauer / 30.06.2013

Detailed evaluation

Ebdelt, Hildegard

Club: Fissenknicker Lauf-Treff

Number: 11150

Course: 11.00 km

11 km Nordic Walking

Total time: 1:18:59

Speed: 8.36 km/h

metres in height up: 243

Course score: 14.65

performance score: 117 Points