



7. Thüringen ULTRA

Fröttstädt / 06.07.2013

Detailed evaluation

Baldauf, Marcus

Club: Rennsteiglaufverein LG Süd
Number: 1

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M35 (35-39 Jahre)

Total time: 7:55:46

Speed: 12.61 km/h
Running performance: 4:46 min/km

Rank in course/Total: 1 (of 272)

Rank in course/Men: 1 (of 235)

Best time in course: 7:55:46

Rank in category: 1(of 23)

Best time in the category: 7:55:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:11:47	5:16	1	-	1	-	25.00	2:11:47	5:16	13		1	-
Floh-Seligenthal	25.00	2:04:58	4:59	1	-	1	-	50.00	4:16:45	5:08	13		1	-
Finsterbergen	25.00	1:47:56	4:19	1	-	1	-	75.00	6:04:41	4:51	12		1	-
Fröttstädt	25.00	1:51:05	4:26	1	-	1	-	100.00	7:55:46	4:45	1	-	1	-