



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Stein, Frank

Club: Karower Dachse
Number: 112

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 12:09:47

Speed: 8.22 km/h
Running performance: 7:18 min/km

Rank in course/Total: 91 (of 272)

Rank in course/Men: 84 (of 235)

Best time in course: 7:55:46

Rank in category: 15(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:03:13	7:19	21	34:28	96	51:26	25.00	3:03:13	7:19	47		93	51:26
Floh-Seligenthal	25.00	3:12:30	7:42	24	54:01	114	1:07:32	50.00	6:15:43	7:30	46		90	1:58:58
Finsterbergen	25.00	2:59:53	7:11	19	1:08:43	93	1:11:57	75.00	9:15:36	7:24	29		84	3:10:55
Fröttstädt	25.00	2:54:11	6:58	13	55:23	72	1:03:06	100.00	12:09:47	7:17	15	3:31:07	84	4:14:01