



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

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Club: SV Normania Treffurt
Number: 290

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 12:10:35

Speed: 8.21 km/h
Running performance: 7:19 min/km

Rank in course/Total: 92 (of 272)

Rank in course/Women: 8 (of 37)

Best time in course: 10:26:10

Rank in category: 1(of 6)

Best time in the category: 12:10:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Glasbachwiese	25.00	2:54:57	6:59	1	-	4	15:40	25.00	2:54:57	6:59	1	-	28
Floh-Seligenthal	25.00	2:59:29	7:10	1	-	7	13:10	50.00	5:54:26	7:05	1	-	28
Finsterbergen	25.00	3:01:26	7:15	1	-	8	37:40	75.00	8:55:52	7:08	1	-	26
Fröttstädt	25.00	3:14:43	7:47	3	13:09	13	44:19	100.00	12:10:35	7:18	1	-	8 1:44:25