



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Kohn, Michael

Club: Albzipfel  
Number: 233

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 12:13:11

Speed: 8.18 km/h  
Running performance: 7:20 min/km

Rank in course/Total: 95 (of 272)

Rank in course/Men: 87 (of 235)

Best time in course: 7:55:46

Rank in category: 17(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:21:24	8:03	33	52:39	146	1:09:37	25.00	3:21:24	8:03	49		96	1:09:37
Floh-Seligenthal	25.00	3:07:07	7:29	19	48:38	97	1:02:09	50.00	6:28:31	7:46	48		93	2:11:46
Finsterbergen	25.00	2:44:24	6:34	13	53:14	66	56:28	75.00	9:12:55	7:22	45		87	3:08:14
Fröttstädt	25.00	3:00:16	7:12	16	1:01:28	83	1:09:11	100.00	12:13:11	7:19	17	3:34:31	87	4:17:25