



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Armenat, Martin

Club: Thüros Georgenthal
Number: 38

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M30 (30-34 Jahre)

Total time: 9:22:42

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 4 (of 272)

Rank in course/Men: 4 (of 235)

Best time in course: 7:55:46

Rank in category: 1(of 15)

Best time in the category: 9:22:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:22:27	5:41	1	-	5	10:40	25.00	2:22:27	5:41	2	-	11	10:40
Floh-Seligenthal	25.00	2:18:05	5:31	1	-	4	13:07	50.00	4:40:32	5:36	1	-	8	23:47
Finsterbergen	25.00	2:18:40	5:32	2	2:58	11	30:44	75.00	6:59:12	5:35	1	-	4	54:31
Fröttstädt	25.00	2:23:30	5:44	4	4:09	13	32:25	100.00	9:22:42	5:37	1	-	4	1:26:56