



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Gass, Wolfgang

Club: Kleinmachnow
Number: 271

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 12:18:24

Speed: 8.13 km/h
Running performance: 7:23 min/km

Rank in course/Total: 99 (of 272)

Rank in course/Men: 91 (of 235)

Best time in course: 7:55:46

Rank in category: 8(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:05:57	7:26	7	32:09	99	54:10	25.00	3:05:57	7:26	20		100	54:10
Floh-Seligenthal	25.00	3:04:33	7:22	9	19:59	91	59:35	50.00	6:10:30	7:24	23		97	1:53:45
Finsterbergen	25.00	3:04:31	7:22	12	40:08	104	1:16:35	75.00	9:15:01	7:24	23		91	3:10:20
Fröttstädt	25.00	3:03:23	7:20	10	33:45	88	1:12:18	100.00	12:18:24	7:23	8	2:00:06	91	4:22:38