



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Gass, Wolfgang

Club: Kleinmachnow
Number: 271

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 12:18:24

Speed: 8.13 km/h
Running performance: 7:23 min/km

Rank in course/Total: 99 (of 272)

Rank in course/Men: 91 (of 235)

Best time in course: 7:55:46

Rank in category: 8(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total | | Total | | Total | | Total | |
|------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|--------|----------|--------|-------------|----------------|------------|---------------|--|
| | | | | | | | | km | Time | min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Glasbachwiese | 25.00 | 3:05:57 | 7:26 | 7 | 32:09 | 99 | 54:10 | 25.00 | 3:05:57 | 7:26 | 20 | | 100 | 54:10 | |
| Floh-Seligenthal | 25.00 | 3:04:33 | 7:22 | 9 | 19:59 | 91 | 59:35 | 50.00 | 6:10:30 | 7:24 | 23 | | 97 | 1:53:45 | |
| Finsterbergen | 25.00 | 3:04:31 | 7:22 | 12 | 40:08 | 104 | 1:16:35 | 75.00 | 9:15:01 | 7:24 | 23 | | 91 | 3:10:20 | |
| Fröttstädt | 25.00 | 3:03:23 | 7:20 | 10 | 33:45 | 88 | 1:12:18 | 100.00 | 12:18:24 | 7:23 | 8 | 2:00:06 | 91 | 4:22:38 | |