



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

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Club: Waldläufer Grünheide
Number: 100

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 12:18:37

Speed: 8.12 km/h
Running performance: 7:23 min/km

Rank in course/Total: 100 (of 272)

Rank in course/Men: 92 (of 235)

Best time in course: 7:55:46

Rank in category: 20(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:57:46	7:06	15	29:01	73	45:59	25.00	2:57:46	7:06	52		101	45:59
Floh-Seligenthal	25.00	2:55:03	7:00	13	36:34	65	50:05	50.00	5:52:49	7:03	51		98	1:36:04
Finsterbergen	25.00	3:08:19	7:31	25	1:17:09	118	1:20:23	75.00	9:01:08	7:12	48		92	2:56:27
Fröttstädt	25.00	3:17:29	7:53	28	1:18:41	123	1:26:24	100.00	12:18:37	7:23	20	3:39:57	92	4:22:51