



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Hall, Dwight

Club: RTE

Number: 73

Course: 100.00 km

Thüringen Ultra

Category:

Senioren M45 (45-49 Jahre)

Total time: 12:26:35

Speed: 8.04 km/h

Running performance: 7:28 min/km

Rank in course/Total: 106 (of 272)

Rank in course/Men: 98 (of 235)

Best time in course: 7:55:46

Rank in category: 20(of 54)

Best time in the category: 9:26:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	3:12:22	7:41	27	45:42	114	1:00:35	25.00	3:12:22	7:41	51		108	1:00:35
Floh-Seligenthal	25.00	3:15:31	7:49	27	48:20	118	1:10:33	50.00	6:27:53	7:45	50		105	2:11:08
Finsterbergen	25.00	3:09:47	7:35	29	55:29	125	1:21:51	75.00	9:37:40	7:42	48		99	3:32:59
Fröttstädt	25.00	2:48:55	6:45	13	36:55	65	57:50	100.00	12:26:35	7:27	20	2:59:51	98	4:30:49