



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Möwald, Reiner

Club: TV Rheinzabern
Number: 195

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 12:27:49

Speed: 8.02 km/h
Running performance: 7:29 min/km

Rank in course/Total: 108 (of 272)

Rank in course/Men: 100 (of 235)

Best time in course: 7:55:46

Rank in category: 21(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:02:04	7:16	20	40:02	92	50:17	25.00	3:02:04	7:16	4		109	50:17
Floh-Seligenthal	25.00	3:06:36	7:27	19	49:00	96	1:01:38	50.00	6:08:40	7:22	4		106	1:51:55
Finsterbergen	25.00	3:10:56	7:38	23	1:02:30	129	1:23:00	75.00	9:19:36	7:27	4		100	3:14:55
Fröttstädt	25.00	3:08:13	7:31	21	54:59	100	1:17:08	100.00	12:27:49	7:28	21	3:21:05	100	4:32:03