



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Liebetrau, Jens

Club: Bosch-Eisenach  
Number: 292

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M40 (40-44 Jahre)

Total time: 12:43:30

Speed: 7.86 km/h  
Running performance: 7:38 min/km

Rank in course/Total: 116 (of 272)

Rank in course/Men: 108 (of 235)

Best time in course: 7:55:46

Rank in category: 22(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:12:02	7:40	24	50:00	112	1:00:15	25.00	3:12:02	7:40	5	3:01	118	1:00:15
Floh-Seligenthal	25.00	3:16:25	7:51	24	58:49	121	1:11:27	50.00	6:28:27	7:46	5		115	2:11:42
Finsterbergen	25.00	3:07:19	7:29	22	58:53	114	1:19:23	75.00	9:35:46	7:40	5		109	3:31:05
Fröttstädt	25.00	3:07:44	7:30	20	54:30	99	1:16:39	100.00	12:43:30	7:38	22	3:36:46	108	4:47:44