



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Schwede, Bianka

Club: Düsseldorf
Number: 282

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 12:48:19

Speed: 7.81 km/h
Running performance: 7:41 min/km

Rank in course/Total: 120 (of 272)

Rank in course/Women: 10 (of 37)

Best time in course: 10:26:10

Rank in category: 2(of 6)

Best time in the category: 12:10:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Glasbachwiese	25.00	2:57:17	7:05	2	2:20	6	18:00	25.00	2:57:17	7:05	2	2:20	30
Floh-Seligenthal	25.00	3:08:31	7:32	2	9:02	9	22:12	50.00	6:05:48	7:18	2	11:22	30
Finsterbergen	25.00	3:10:36	7:37	3	9:10	11	46:50	75.00	9:16:24	7:25	2	20:32	19
Fröttstädt	25.00	3:31:55	8:28	4	30:21	23	1:01:31	100.00	12:48:19	7:40	2	37:44	10 2:22:09