



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Werner, Ronald

Club: FSV 1950 Gotha e.V.
Number: 249

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:02:22

Speed: 7.67 km/h
Running performance: 7:49 min/km

Rank in course/Total: 134 (of 272)

Rank in course/Men: 123 (of 235)

Best time in course: 7:55:46

Rank in category: 13(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:22:12	8:05	15	48:24	149	1:10:25	25.00	3:22:12	8:05	18		133	1:10:25
Floh-Seligenthal	25.00	3:19:01	7:57	13	34:27	129	1:14:03	50.00	6:41:13	8:01	18		130	2:24:28
Finsterbergen	25.00	2:55:16	7:00	9	30:53	84	1:07:20	75.00	9:36:29	7:41	18		124	3:31:48
Fröttstädt	25.00	3:25:53	8:14	15	56:15	140	1:34:48	100.00	13:02:22	7:49	13	2:44:04	123	5:06:36