



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Zehring, Uwe

Club: Oschersleben  
Number: 26

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 13:08:54

Speed: 7.61 km/h  
Running performance: 7:53 min/km

Rank in course/Total: 136 (of 272)

Rank in course/Men: 125 (of 235)

Best time in course: 7:55:46

Rank in category: 27(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:28:49	8:21	41	1:00:04	169	1:17:02	25.00	3:28:49	8:21	16		136	1:17:02
Floh-Seligenthal	25.00	3:26:14	8:14	34	1:07:45	150	1:21:16	50.00	6:55:03	8:18	16		133	2:38:18
Finsterbergen	25.00	3:09:48	7:35	29	1:18:38	126	1:21:52	75.00	10:04:51	8:03	55		126	4:00:10
Fröttstädt	25.00	3:04:03	7:21	19	1:05:15	91	1:12:58	100.00	13:08:54	7:53	27	4:30:14	125	5:13:08