



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Hösl, Patrick

Club: LG DUV
Number: 199

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M40 (40-44 Jahre)

Total time: 9:34:40

Speed: 10.44 km/h
Running performance: 5:45 min/km

Rank in course/Total: 7 (of 272)

Rank in course/Men: 7 (of 235)

Best time in course: 7:55:46

Rank in category: 2(of 34)

Best time in the category: 9:06:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:38:26	6:20	7	16:24	32	26:39	25.00	2:38:26	6:20	19		14	26:39
Floh-Seligenthal	25.00	2:31:41	6:04	3	14:05	15	26:43	50.00	5:10:07	6:12	19		11	53:22
Finsterbergen	25.00	2:09:57	5:11	2	1:31	4	22:01	75.00	7:20:04	5:52	19		7	1:15:23
Fröttstädt	25.00	2:14:36	5:23	2	1:22	6	23:31	100.00	9:34:40	5:44	2	27:56	7	1:38:54