



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Kratzheller, Silvia

Club: LG Hadamar
Number: 231

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 13:09:21

Speed: 7.60 km/h
Running performance: 7:53 min/km

Rank in course/Total: 137 (of 272)

Rank in course/Women: 12 (of 37)

Best time in course: 10:26:10

Rank in category: 5(of 10)

Best time in the category: 10:46:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	25.00	3:07:17	7:29	3	15:37	10	28:00	25.00	3:07:17	7:29	5	15:37	32	
Floh-Seligenthal	25.00	3:09:55	7:35	4	19:33	10	23:36	50.00	6:17:12	7:32	5	35:10	32	
Finsterbergen	25.00	3:07:09	7:29	4	32:52	10	43:23	75.00	9:24:21	7:31	5	1:08:02	30	
Fröttstädt	25.00	3:45:00	9:00	7	1:14:36	25	1:14:36	100.00	13:09:21	7:53	5	2:22:38	12	2:43:11