7. Thüringen ULTRA

Fröttstädt / 06.07.2013

Detailed evaluation

Martin, Alexandra

Club: TSV Prichsenstadt
Number: 106

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 13:09:25

Speed: 7.60 km/h
Running performance: 7:53 min/km

Rank in course/Total: 138 (of 272)
Rank in course/Women: 13 (of 37)
Best time in course: 10:26:10

Rank in category: 3(of 6)
Best time in the category: 12:10:35

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	25.00	3:26:49	8:16	3	31:52	15	47:32	25.00	3:26:49	8:16	3	31:52	33	
Floh-Seligenthal	25.00	3:35:56	8:38	4	36:27	23	49:37	50.00	7:02:45	8:27	3	1:08:19	33	
Finsterbergen	25.00	3:05:06	7:24	2	3:40	9	41:20	75.00	10:07:51	8:06	3	1:11:59	31	
Fröttstätt	25.00	3:01:34	7:15	1	-	10	31:10	100.00	13:09:25	7:53	3	58:50	13	2:43:15