



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Loos, Markus

Club: Nürnberg  
Number: 3

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer (20-29 Jahre)

Total time: 9:40:35

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 9 (of 272)

Rank in course/Men: 9 (of 235)

Best time in course: 7:55:46

Rank in category: 1(of 7)

Best time in the category: 9:40:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	2:33:46	6:09	2	21:58	21	21:59	25.00	2:33:46	6:09	2	21:58	16	21:59
Floh-Seligenthal	25.00	2:30:22	6:00	2	23:56	12	25:24	50.00	5:04:08	6:04	2	45:54	13	47:23
Finsterbergen	25.00	2:16:30	5:27	1	-	10	28:34	75.00	7:20:38	5:52	1	-	9	1:15:57
Fröttstädt	25.00	2:19:57	5:35	2	3:05	11	28:52	100.00	9:40:35	5:48	1	-	9	1:44:49