



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Keil, Waltraud

Club: Saarfighters  
Number: 121

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 13:31:57

Speed: 7.39 km/h  
Running performance: 8:07 min/km

Rank in course/Total: 157 (of 272)

Rank in course/Women: 16 (of 37)

Best time in course: 10:26:10

Rank in category: 6(of 10)

Best time in the category: 10:46:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	25.00	3:20:45	8:01	6	29:05	13	41:28	25.00	3:20:45	8:01	6	29:05	36	
Floh-Seligenthal	25.00	3:34:07	8:33	6	43:45	19	47:48	50.00	6:54:52	8:17	6	1:12:50	36	
Finsterbergen	25.00	3:10:42	7:37	5	36:25	12	46:56	75.00	10:05:34	8:04	6	1:49:15	34	
Fröttstädt	25.00	3:26:23	8:15	5	55:59	20	55:59	100.00	13:31:57	8:07	6	2:45:14	16	3:05:47