



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Berthold, Richard

Club: Saarfighters
Number: 120

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:31:57

Speed: 7.39 km/h
Running performance: 8:07 min/km

Rank in course/Total: 158 (of 272)

Rank in course/Men: 142 (of 235)

Best time in course: 7:55:46

Rank in category: 32(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	3:20:36	8:01	32	51:51	144	1:08:49	25.00	3:20:36	8:01	6		153	1:08:49
Floh-Seligenthal	25.00	3:34:16	8:34	46	1:15:47	176	1:29:18	50.00	6:54:52	8:17	6		150	2:38:07
Finsterbergen	25.00	3:10:33	7:37	30	1:19:23	127	1:22:37	75.00	10:05:25	8:04	5		143	4:00:44
Fröttstädt	25.00	3:26:32	8:15	34	1:27:44	147	1:35:27	100.00	13:31:57	8:07	32	4:53:17	142	5:36:11