



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Haverkamp, Andreas

Club: LG DUV  
Number: 135

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M30 (30-34 Jahre)

Total time: 13:34:50

Speed: 7.36 km/h  
Running performance: 8:09 min/km

Rank in course/Total: 160 (of 272)

Rank in course/Men: 144 (of 235)

Best time in course: 7:55:46

Rank in category: 12(of 15)

Best time in the category: 9:22:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	3:12:06	7:41	9	49:39	113	1:00:19	25.00	3:12:06	7:41	13	14:08	155	1:00:19
Floh-Seligenthal	25.00	3:48:34	9:08	13	1:30:29	204	1:43:36	50.00	7:00:40	8:24	12	2:20:08	152	2:43:55
Finsterbergen	25.00	3:20:31	8:01	12	1:04:49	150	1:32:35	75.00	10:21:11	8:16	12	3:21:59	145	4:16:30
Fröttstädt	25.00	3:13:39	7:44	11	54:18	116	1:22:34	100.00	13:34:50	8:08	12	4:12:08	144	5:39:04