



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Schurna, Udo

Club: TLT Laufballerinas
Number: 197

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:37:04

Speed: 7.34 km/h
Running performance: 8:10 min/km

Rank in course/Total: 161 (of 272)

Rank in course/Men: 145 (of 235)

Best time in course: 7:55:46

Rank in category: 17(of 30)

Best time in the category: 10:18:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:25:37	8:13	16	51:49	154	1:13:50	25.00	3:25:37	8:13	14		104	1:13:50
Floh-Seligenthal	25.00	3:25:47	8:13	14	41:13	146	1:20:49	50.00	6:51:24	8:13	14		101	2:34:39
Finsterbergen	25.00	3:19:24	7:58	18	55:01	148	1:31:28	75.00	10:10:48	8:08	14	10:54	146	4:06:07
Fröttstädt	25.00	3:26:16	8:15	17	56:38	144	1:35:11	100.00	13:37:04	8:10	17	3:18:46	145	5:41:18