



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Neumann, Nicole

Club: Wolfen
Number: 161

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 13:37:46

Speed: 7.34 km/h
Running performance: 8:11 min/km

Rank in course/Total: 166 (of 272)

Rank in course/Women: 17 (of 37)

Best time in course: 10:26:10

Rank in category: 4(of 6)

Best time in the category: 12:10:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	25.00	3:41:37	8:51	6	46:40	26	1:02:20	25.00	3:41:37	8:51	4	46:40	37	
Floh-Seligenthal	25.00	3:26:12	8:14	3	26:43	14	39:53	50.00	7:07:49	8:33	4	1:13:23	37	
Finsterbergen	25.00	3:17:20	7:53	5	15:54	17	53:34	75.00	10:25:09	8:20	4	1:29:17	35	
Fröttstädt	25.00	3:12:37	7:42	2	11:03	11	42:13	100.00	13:37:46	8:10	4	1:27:11	17	3:11:36