



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Baumgarten, Karl Wolfgang

Club: 100 Marathon Club
Number: 16

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M60 (60-64 Jahre)

Total time: 13:44:05

Speed: 7.28 km/h
Running performance: 8:14 min/km

Rank in course/Total: 171 (of 272)

Rank in course/Men: 153 (of 235)

Best time in course: 7:55:46

Rank in category: 4(of 10)

Best time in the category: 11:10:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:30:20	8:24	5	36:29	174	1:18:33	25.00	3:30:20	8:24	5	36:29	164	1:18:33
Floh-Seligenthal	25.00	3:30:53	8:26	5	42:23	163	1:25:55	50.00	7:01:13	8:25	5	1:18:52	161	2:44:28
Finsterbergen	25.00	3:22:47	8:06	6	45:20	159	1:34:51	75.00	10:24:00	8:19	4	2:04:12	154	4:19:19
Fröttstädt	25.00	3:20:05	8:00	3	29:21	129	1:29:00	100.00	13:44:05	8:14	4	2:33:33	153	5:48:19