



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Sembach, Markus

Club: Lauf Team Unna  
Number: 159

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Rank in course/Total: DNF (of 272)

Rank in course/Men: DNF (of 235)

Best time in course: 7:55:46

Rank in category: DNF(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	25.00	3:53:20	9:20	57	1:24:35	226	1:41:33	25.00	3:53:20	9:20	33	20:09	18	1:41:33
Floh-Seligenthal	25.00	4:20:39	10:25	56	2:02:10	225	2:15:41	50.00	8:13:59	9:52	32	1:12:54	15	3:57:14
Finsterbergen	25.00	fehlt!	-	-	-	-	-	75.00	-	-	-	-	-	-
Fröttstädt	25.00	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-