



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Fischer, Michael

Club: Uerdingen am Rhein
Number: 243

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:50:15

Speed: 7.23 km/h
Running performance: 8:18 min/km

Rank in course/Total: 180 (of 272)

Rank in course/Men: 160 (of 235)

Best time in course: 7:55:46

Rank in category: 39(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Total	
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Glasbachwiese	25.00	3:22:47	8:06	34	54:02	150	1:11:00	25.00	3:22:47	8:06	13		171	1:11:00	
Floh-Seligenthal	25.00	3:27:53	8:18	36	1:09:24	153	1:22:55	50.00	6:50:40	8:12	13		168	2:33:55	
Finsterbergen	25.00	3:37:59	8:43	45	1:46:49	189	1:50:03	75.00	10:28:39	8:22	12	2:50	161	4:23:58	
Fröttstädt	25.00	3:21:36	8:03	29	1:22:48	130	1:30:31	100.00	13:50:15	8:18	39	5:11:35	160	5:54:29	