



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

**Baars, Olaf**

Club: WKF Bergfried 91  
Number: 17

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 13:51:33

Speed: 7.22 km/h  
Running performance: 8:19 min/km

Rank in course/Total: 183 (of 272)

Rank in course/Men: 163 (of 235)

Best time in course: 7:55:46

Rank in category: 40(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Glasbachwiese	25.00	3:06:01	7:26	24	37:16	102	54:14	25.00	3:06:01	7:26	14					174	54:14
Floh-Seligenthal	25.00	3:27:06	8:17	35	1:08:37	152	1:22:08	50.00	6:33:07	7:51	14					171	2:16:22
Finsterbergen	25.00	3:48:31	9:08	49	1:57:21	199	2:00:35	75.00	10:21:38	8:17	13					164	4:16:57
Fröttstädt	25.00	3:29:55	8:23	36	1:31:07	157	1:38:50	100.00	13:51:33	8:18	40	5:12:53				163	5:55:47