



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

Detailed evaluation

Schramm, Sören

Club: Chemnitzer LV MEGWARE
Number: 102

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M30 (30-34 Jahre)

Total time: 10:01:16

Speed: 9.98 km/h
Running performance: 6:01 min/km

Rank in course/Total: 11 (of 272)

Rank in course/Men: 11 (of 235)

Best time in course: 7:55:46

Rank in category: 3(of 15)

Best time in the category: 9:22:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	2:31:00	6:02	2	8:33	13	19:13	25.00	2:31:00	6:02	4		19	19:13
Floh-Seligenthal	25.00	2:40:19	6:24	4	22:14	30	35:21	50.00	5:11:19	6:13	3	30:47	16	54:34
Finsterbergen	25.00	2:30:36	6:01	5	14:54	28	42:40	75.00	7:41:55	6:09	3	42:43	11	1:37:14
Fröttstädt	25.00	2:19:21	5:34	1	-	8	28:16	100.00	10:01:16	6:00	3	38:34	11	2:05:30