



7. Thüringen ULTRA  
Fröttstädt / 06.07.2013

Detailed evaluation

Witt, Werner

Club: SV Dickenberg  
Number: 152

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 13:56:05

Speed: 7.18 km/h  
Running performance: 8:22 min/km

Rank in course/Total: 188 (of 272)

Rank in course/Men: 167 (of 235)

Best time in course: 7:55:46

Rank in category: 42(of 58)

Best time in the category: 8:38:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	25.00	3:33:11	8:31	45	1:04:26	182	1:21:24	25.00	3:33:11	8:31	1	-	178	1:21:24
Floh-Seligenthal	25.00	3:27:54	8:18	37	1:09:25	154	1:22:56	50.00	7:01:05	8:25	1	-	175	2:44:20
Finsterbergen	25.00	3:24:44	8:11	38	1:33:34	164	1:36:48	75.00	10:25:49	8:20	1	-	168	4:21:08
Fröttstädt	25.00	3:30:16	8:24	38	1:31:28	160	1:39:11	100.00	13:56:05	8:21	42	5:17:25	167	6:00:19